

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2026

## Renewal Building

				10:00-Coffee Social 10:30- Current Events 11:00- Morning Exercise 2:00 – Ice Cream Social/ Renewal Resident Choir	10:00- Coffee Social 10:30- Finish the Phrase 2:00- <b>Happy Hour/ Parachute Exercises</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Morning Exercise 2:00 – <b>Music Bingo!</b>
10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Afternoon Dance to the music</b>	10:00-Coffee Social 10:30- <b>Manicure’s and Chair Yoga</b> 2:00 – <b>Beer/Water Pong Tournament with the residents</b>	10:00-Coffee Social 11:00- Morning Exercise 2:00 – <b>Bingo!</b> 6:00- <b>Drum Circle w/ Donna</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Family Feud</b> 6:00 – <b>Evening Rosary w/ Rita</b>	10:00-Coffee Social 10:30- Current Events 11:00- Morning Exercise 2:00 – <b>Ice Cream Social/ Renewal Resident Choir</b>	10:00- Coffee Social 10:30- Finish the Phrase 2:00- <b>Happy Hour/ Active Words games</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Morning Exercise 2:00 – <b>Music Bingo!</b>
10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Afternoon Dance to the music</b>	10:00-Coffee Social 10:30- <b>Manicure’s and Chair Yoga</b> 2:00 – <b>Movie Matinee</b>	10:00-Coffee Social 11:00- Morning Exercise 2:00 – <b>Bingo!</b> 6:00- <b>Drum Circle w/ Donna</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Simon Says w/ Afternoon exercise</b> 6:00 – <b>Evening Rosary w/ Rita</b>	10:00-Coffee Social 10:30- Current Events 11:00- Morning Exercise 2:00 – <b>Ice Cream Social/ Renewal Resident Choir</b>	10:00- Coffee Social 10:30- Finish the Phrase 2:00- <b>Happy Hour/ Move to the Music!</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Morning Exercise 2:00 – <b>Music Bingo!</b>
10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Afternoon Dance to the music</b>	10:00-Coffee Social 10:30- <b>Manicure’s and Chair Yoga</b> 2:00 – <b>Movie Matinee</b> <small>Martin Luther King Jr. Day</small>	10:00-Coffee Social 11:00- Morning Exercise 2:00 – <b>Bingo!</b> 6:00 <b>Drum Circle w/ Donna</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Jazzy Tunes w/ Julia</b> 6:00 – <b>Evening Rosary w/ Rita</b>	10:00-Coffee Social 10:30- Current Events 11:00- Morning Exercise 2:00 – <b>Ice Cream Social/ Renewal Resident Choir</b>	10:00- Coffee Social 10:30- Finish the Phrase 2:00- <b>Happy Hour/ Virtual Reality tours/ museum tours</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Morning Exercise 2:00 – <b>Music Bingo!</b>
10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Afternoon Dance to the music</b>	10:00-Coffee Social 10:30- <b>Manicure’s and Chair Yoga</b> 2:00 – <b>Movie Matinee</b> <small>Australia Day (Observed)</small>	10:00-Coffee Social 11:00- Morning Exercise 2:00 – <b>Bingo!</b> 6:00- <b>Drum Circle w/Donna</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Musical Memories 2:00 – <b>Word Games</b> 6:00 – <b>Evening Rosary w/ Rita</b>	10:00-Coffee Social 10:30- Current Events 11:00- Morning Exercise 2:00 – <b>Ice Cream Social/ Renewal Resident Choir</b>	10:00- Coffee Social 10:30- Finish the Phrase 2:00- <b>Happy Hour/ Vegas Vacation Party</b>	10:00-Coffee Social 10:30- Art Expression 11:00- Morning Exercise 2:00 – <b>Music Bingo!</b>

All programs are subject to change and adjustments!